

POST-OPERATIVE CARE FOR LASIK PATIENTS

Immediately After Surgery:

1. Go directly home and go to sleep. Non-prescription pain medicines may be taken as needed.
2. If you are unable to sleep, try to rest and **keep the eye(s) closed for the rest of the day. DO NOT RUB YOUR EYES.**
3. As the numbing drops wear off, your eye(s) may be painful to the touch, burn, water and be sensitive to light. Most patients report this sensation as discomfort, not pain. The discomfort should only last for a few hours.
4. **DO NOT USE ANY DROPS IN YOUR EYES.** You will be instructed on what drops to use at your 1st post-op visit.
5. **CALL IMMEDIATELY** if pain persists or returns after the initial surgical discomfort has subsided (**317-817-1765**).

The Days Following Surgery:

1. The morning after surgery your eye may still be somewhat sore and sensitive to touch. Please do not touch it. Your vision will probably be somewhat blurry. You can expect your vision to clear by mid-afternoon.
2. Some people will have very red eye(s) the next morning. This is normal and is attributed to the suction ring that was used during surgery. The redness will wear off with time and should not affect your vision.
3. By the second day you should be feeling quite well, except for a sense of scratchiness which will be somewhat relieved by your drops. You may again have morning blurring which will clear by afternoon. You may also use artificial tears as frequently as needed for any irritation.
4. Please refrain from over using your eyes for 2 days following your surgery. Do not read, watch a lot of TV, or stare at a computer.
5. **No** water in the eye for 1 week. No swimming for 2 weeks.
6. **No** eye make-up for 1 week.
7. PLEASE STAY IN TOWN FOR THE FIRST WEEK AFTER SURGERY.
8. Avoid getting dust, dirt or smoke in the eye(s). This will irritate the eye(s) as well as increase the risk of infection.
9. Expect your vision to fluctuate during the first few weeks.

RETURN APPOINTMENTS

NAME _____

1 DAY POST-OP APPOINTMENT – 1ST FLOOR OF MIDWEST EYE INSTITUTE

DAY _____ DATE _____ TIME _____

NEXT POST-OP APPOINTMENT – 1ST FLOOR OF MIDWEST EYE INSTITUTE

DAY _____ DATE _____ TIME _____

- It is imperative that you keep **all** of your post-operative visits. Complications can occur if you do not follow medication instructions or follow-up as directed.
- Call your doctor's medical practice at **317-817-1765** to schedule or reschedule your next post-op appointment.

MEDICATIONS

ANTIBIOTIC EYE DROP: Use 4 times a day for 4 days

STERIOD DROP: Use 4 times a day for 4 days

ARTIFICIAL TEARS: Use as directed by your Doctor

***Instructions may vary depending on each individual case**