

PATIENT PREPARATION FOR SURGERY

1. There are no restrictions on food or drink before the procedure but keep caffeine intake to a minimum. Only topical anesthesia (eye drop) is used to numb the eye.
2. It is important not to wear **cologne, hair spray, scented lotion, or make-up** the day of your procedure. **Procedures will be cancelled if patients do not adhere to this rule.**
3. Do not wear any make-up the day of surgery. That includes lipstick and foundation.
4. **PLAN ON STAYING IN TOWN FOR 1 WEEK AFTER SURGERY.**
5. Wear comfortable clothing. You will not be required to wear the traditional hospital gown. The laser suite is kept at a cool temperature, therefore, a sweatshirt or sweater may be most comfortable.
6. Contact lenses must have been removed for the appropriate time period determined by your doctor. Soft lenses: approximately two to three weeks, hard lenses: approximately three to four weeks.
7. Arrange ahead of time for transportation on your surgery day and your first post-op visit, which will be the following day. **Someone must be with you throughout the duration of the procedure.**
8. All financial arrangements should be completed before surgery. Payment is expected in full the day of your surgery.
9. The total time spent at Midwest Eye Institute the day of surgery is about 1.5 hours.
10. The consent form should be reviewed prior to your surgery time, but not signed until you arrive in the laser suite and after you have had an opportunity to ask any final questions.

WHAT TO EXPECT ON THE DAY OF SURGERY

1. Sign in at the main reception desk at Midwest Eye Institute, and have a seat in the reception area. The receptionists will notify InVision of your arrival. The InVision staff will come to the reception area and direct you to the LASIK suite to sign the surgical consent form, pay your procedure fee, and receive your post-op instruction. Any last minute questions can be answered at this time.
2. Next, you will have an antibiotic drop instilled in each eye, and a bonnet placed over your hair. You will then be taken into the laser room.
3. During the procedure you will be asked to fixate on a light above. The actual laser portion of the procedure is very fast, lasting only a few seconds. Your cooperation and ability to fixate when asked will help achieve the best possible results.
4. Anesthetic drops to numb your eye as well as antibiotic drops will be used to prepare the eye for surgery. It is rare to experience an adverse reaction to these drops, however, please inform the staff of any allergies to medications you may have.
5. The entire procedure takes about 60 minutes for both eyes.
6. After the surgery we will send you home with a prescription for a pain medication, a post-op kit containing eye drops, and a pair of goggles, which we will place over your eyes for protection. Please leave your goggles on until the following morning. We also ask that you go home and rest. **Keep your eyes closed as much as possible.**
7. Follow your doctor's directions for using your post-op medications.