

POST OPERATIVE CARE FOR PRK PATIENTS

Immediately After Surgery:

1. Go directly home to relax for the next few days. A prescription for pain medication will be given to you the day of surgery. Non-prescription pain medicines may be taken as needed.
2. Try to rest and keep the eye closed. **DO NOT RUB YOUR EYE.**
3. Your eye may be painful or sensitive to touch, red, scratchy, and light sensitive for a few days after surgery. Ice packs, kept dry, can be directly used on the surgical eye to help relieve these symptoms.
4. A bandage contact lens may be placed on your eye for comfort. If it happens to come out, **DO NOT TRY TO PUT IT BACK IN.**

The Days Following Surgery:

1. The pain may persist until the surface of the eye has healed across. This usually takes about 2- 3 days.
2. Expect your vision to fluctuate during the first few weeks. This should be stable in approximately three months.
3. No water in the eye for 1 week. No swimming for 2-3 weeks.
4. No eye make-up or mascara for 1 week.
5. Avoid getting dust, dirt or smoke in the eye. This will irritate the eye as well as increase your risk of infection.
6. **CALL IMMEDIATELY** if severe pain persists or returns after the initial surgical pain has subsided (**317-817-1765**).

MEDICATION INSTRUCTION

Wait 2 to 3 minutes between each drop

Zymar (antibiotic) one drop **4** times a day in the treated eye(s)

Pred Forte (steroid) one drop **4** times a day in the treated eye(s)

Acuvail (non-steroidal anti-inflammatory) one drop **2** times a day in the treated eye(s)

Name _____ Return Appointment: _____